

# Reading fiction books

Tom Rochette <tom.rochette@coreteks.org>

December 21, 2025 — 77e1b28a

## 1 Question

Why should you read fiction books?

## 2 Answer

Because they can motivate you. An exciting story to which you can relate may motivate you to try and emulate it.

Because they can make you think. Some authors have been alive for a lot longer than you have and they've had longer to think about certain topics to which you never really dedicated any time. Some may have acquired a deeper and broader understanding of a certain domain they can then use to turn fiction into an epic story.

Because they can help you be more creative. Creativity is in my opinion simply the ability to take what one already knows and arrange it in a way that is novel. Seeing how others arrange things they know in a new and interesting way can help you recognize where you may be too rigid and help you relax when being creative.

Because they can help you disconnect. Reading about someone else's story is a great way to disconnect from our day to day life. If you take the bus, the subway or the train to go to work and back home, it is a great opportunity to spend some time disconnecting. The creation of a buffer where you are immersed in a different realm has had very calming properties on me.

Suggested series: All of the Warcraft/World of Warcraft books, The Three-Body Problem trilogy